

August
1987

New York Cycle Club

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18 Oct 86 Calcutta: knife sharpener Klong

How many uses can you think of for a bicycle? Last fall artist Keith Long quickly sketched this knife sharpener while passing through Calcutta with Steve (Most Toys) Baron.

RIDES PROGRAM

Compiled by Debbie Bell, V.P. Rides

GUIDELINES FOR CLUB RIDES

NYCC rides are intended to be friendly group rides: we don't like to "drop" or lose anyone. However, leaders should turn back riders whose physical or bicycle condition seems inadequate, or when this is not feasible, those whose riding ability early on in a ride seems inadequate. Our leaders are truly reluctant to do this; so please cooperate with them.

In choosing a ride note the estimated "cruising speed," listed below. This number approximates the speed of a typical rider of the indicated category while moving along a flat road with no wind or other adverse riding conditions. Average riding speed will show the effects of varying terrain.

- 1) Select rides within your capability. Avoid downgrading the ride for your fellow riders and stressing yourself by trying to keep up, or conversely, demanding a faster pace than advertised.
- 2) AA, A+, and most A rides generally maintain pacelines. If you are unfamiliar with paceline riding be prepared to learn.
- 3) Be on time or a bit early. Rides will leave promptly.
- 4) Have your bike in good condition: both brakes working, properly inflated tires, adjusted derailleurs, no loose parts.
- 5) Bring water, snacks, spare tubes, patch kits, pump and lights if the ride will begin or end in the dark.
- 6) Eat a good breakfast.

RIDE AND RIDER CLASSIFICATION					
Ride Class	Average Speed (not incl. food stops)	Cruising Speed	Riders	Ride Description	Self-Classification Central Park Times 4 full laps = 24.5 miles*
AA	17+ mph	20+ mph	Animals	Anything goes. Eat up roads, hills and all.	Less than 1 hr. 12 min.
A+	16-17	19-20	Sports	Vigorous riding over hill and dale.	1:12 - 1:17
A	15-16	18-19		High regard for good riding style.	1:17 - 1:23
A-	14-15	17-18		Can take care of themselves anywhere. Stops every two hours or so.	1:23 - 1:30
B+	13-14	16-17	Tourists	Moderate to brisk riding along scenic	1:30 - 1:39
B	12-13	15-16		roads, including hills. Destination not so	1:39 - 1:49
B-	11-12	14-15		important. Stops every hour or two.	1:49 - 2:00
C+	10-11	13-14	Sight-seers	Leisurely to moderate riding. Destination	2:00 - 2:14
C	9-10	12-13		oriented: nature, historical, cultural.	2:14 - 2:30
C-	8-9	11-12		Stops every half hour or so.	2:30 - 2:48

* New members can assess their probable riding class by riding 4 full laps around Central Park, at a pace which feels comfortable to them, and comparing their times to those listed above. Ride with other cyclists or runners; the park can be dangerous at its northern end. Central Park Boathouse phone numbers are: 650-9521; 744-9813; 744-9814. The Boathouse is located inside the Park, along the East Drive, near 72nd St.

Weekly Training Rides

Tuesdays/Thursdays 5:00 AM Leaders: Steve Baron (212-228-0555) & Caryl Hudson (212-595-7010) From the Tavern on the Green, Central Park. Call the evening before if you have questions.

Tuesdays 7:00 PM A /24 mi. Leader: Andy Silverman (212-340-6670, of.) From the Tavern on the Green, Central Park. Join other "A" riders in reaching for higher levels of strength and endurance. Work on hill climbing and maintaining a steady pace.

Wednesdays 6:00 AM A PACELINE IN CENTRAL PARK. Leader: Doug Blackburn (212-685-9495) From the Tavern on the Green, Central Park. Continuing a three-year tradition, I'll lead the Wednesday morning Central Park training ride in Art Guterding's absence. We'll do 2 or 3 laps, depending on how we feel. Prompt departure no later than 6:01 AM.

Thursdays 7:00 PM Leaders: Debbie Bell (212-864-5153) & Julie Steyaert (212-496-1213) From the Tavern on the Green, Central Park. Two or three laps around the park. Riders will determine the pace. Aug. 13 ride will be leaderless.

Sat. Aug. 1 A/B/C/D PRINCETON FREE WHEELERS 7TH ANNUAL BICYCLE RALLY. From Rider College, Rt. 206, Lawrence Township (exit 59B at I-295). Rides available from 15 to 100 miles. Cost is \$7. For information, call Martha Ramos (718-858-9142).

- Sat. Aug. 1 LEADERLESS "A" RIDE. Meet at the Boathouse at 9 AM.
A
- Sat. Aug. 1 CONEY ISLAND. Leader: John Mulcare (718-672-5272) From the front of City Hall, Manhattan.
11:00 AM We'll cross the Brooklyn Bridge and do a bit of riding along the waterfront. After stopping at
C/C- Nathan's to make our ride official, we visit the boardwalk for a glimpse at any bathing
25 mi. beauties who heard we were on our way. See note at end of Rides Listings for "C Ride
Recommendations and Cancellation Conditions."
- Sun. Aug. 2 NEW JERSEY MISCELLANY. Leaders: Clay Heydorn & Simone Smith (914-941-5013) From the
9:00 AM Boathouse. Pray for good weather, come to the Boathouse, and we'll ride for sure. Ex-RAAM and
4/ 70 mi. brevet riders welcome as long as they keep the pace.
- Sun. Aug. 2 WESTCHESTER RAMBLE. Leader: Karen Reich (212-874-7923) From the Boathouse. Join me for a
9:00 AM moderately hilly ride through scenic Westchester, to Kingsland Point Park for a picnic lunch on
5+/ 65 mi. the Hudson. Rain cancels.
- Sun. Aug. 2 NORTH SHORE RAMBLE. Leader: Sara Flowers (212-921-4317, of.; 718-544-9168, h.) From the
9:00 AM Statue of Civic Virtue, Queens ("E" or "F" train to Kew Gardens/Union Turnpike). We will do
6- the miles and the pace that the weather dictates. Maybe Bayville, maybe Great Neck, maybe Glen
50+ mi. Cove. At any rate, we will have a good social trip. Be sure you have a water bottle.
Cancellation conditions? I love light rain.
- Sun. Aug. 2 TALLMAN MOUNTAIN POOL. Leader: John Mulcare (718-672-5272) From 178th St. & Ft. Washington
10:00 AM Ave. ("A" train to 175th St.) Travel light to ease the pain in carrying your bike up and down
C/C- the stairs we encounter these days crossing the GWB. Bring your bathing suit and a towel for
35 mi. your swim in the pool before or after our lunch on the lawn. We'll return on 9W to avoid any
monster hills. See note at end of Rides Listings for "C Ride Recommendations and Cancellation
Conditions."
- Sat. Aug. 8 PERKINS PRIZE. Leader: Alex Bekkerman (212-213-5359) From the Boathouse. Standard route to
7:30 AM Bear Mountain. Then we'll time ourselves from 9W to the top. The winner will receive a
4+/AA six-pack, which he/she will have to share with 2nd and 3rd place. Second gets two, third gets
110 mi. one. If winner gets up faster than 21 min., he/she gets another six-pack strictly for
his/herself. Call if arrangement is OK for you.
- Sat. Aug. 8 WESTCHESTER VALLEYS. Leader: Bob Irestman (212-996-0358) From the Boathouse. A ride up into
1:30 PM Westchester featuring some great downhills: of course, there will be some great uphill too.
4/ 70 mi. Rain or sleet cancels.
- Sat. Aug. 8 JERSEY SHORE PARTY RIDE. Leader: Susan Glaubman (718-596-0477, n.; 212-306-6300, serv.) From
5:00 AM Church and Vesey (World Trade Center). We'll do something steady and flat. Call if you plan
5+* to go to place your request for celebration carrot cake. (If you're adverse to the PAFH, we
100+ mi. can always take the Goethals!) P.S. We may also change it to a car top to the Pine Barrens.
call for details. heavy rain at start cancels. *"A's" may also attend.
- Sat. Aug. 8 BENEATH THE BRIDGE AND TO THE BAY. Leader: Joel Friedland (212-927-8046) From 59th St. &
9:30 AM Columbus Circle. Riverside Drive to the Bridge and then beneath it. We'll cross a wooden
5- railroad bridge on our way to the little red lighthouse. Then we'll ride down and back up
40+ mi. right beside the Hudson, turn right onto Dyckman St., onto the 207th St. bridge, uphill thru
Fordham, onto the Pelham Parkway to City Island. Seafood lunch there and then back. Bring
water, inner tube, and wear a helmet! Rain cancels.
- Sat. Aug. 8 GREAT NECK, L.I. Leader: John Mulcare (718-672-5272) From 179th St. & Hillside, Queens (last
10:00 AM stop on "E" or "F" train). There will be a lunch stop in one of our favorite parks. See note
C/C- 1/20 mi. at end of Rides Listings for "C Ride Recommendations and Cancellation Conditions."
- Sun. Aug. 9 A REVOLUTIONARY RIDE. Leader: Caryl Hudson (212-595-7010, h.; 212-840-0333, of.) From the
7:45 AM Boathouse. To somewhere in New Jersey I've never been--yet. I hope to have scouted a route to
A- Jockey Hollow or some such place. If not, maybe the raspberries will still be in season at
100+ mi. Stony Point.
- Sun. Aug. 9 FREEPORT/BETHPAGE VOYAGE. Leader: Alejandro Caycedo (718-739-4648) From 179th St. & Hillside.
9:00 AM Queens (last stop on "E" or "F" train), promptly at 9 AM. Southern Long Island tour. Even
8 pace through flat terrain, going through the heartland of Nassau, makes this ride ideal for a
50 mi. day's journey. Musettes suggested, as we'll carry lunch several miles. More than even chance
of rain cancels. call if uncertain. See you there!
- Sun. Aug. 9 KINGSLAND POINT PARK (NORTH TARRYTOWN). Leader: John Mulcare (718-672-5272) From 242nd St. &
11:30 AM Broadway (last stop on No. 1 train). A practice ride of the route we'll be following on next
C/C- month's All-Class Club ride. See note at end of Rides Listings for "C Ride Recommendations and
50 mi. Cancellation Conditions."
- Aug. 13 Just a reminder -- you have one week left to get in your reservations for Labor Day Weekend in
the Finger Lakes (see p. 5 for details).

- Sat.-Sun. DELAWARE WATER GAP. Leader: Chris Mailing (718-847-8004). Join the eighth annual tour of the Delaware River Valley. On Saturday, ride via the Greenwood Lakes and across the Kittatinny Mountains to Port Jervis, then south along the Delaware River to Marshall's Creek, Pa., where the group will stay at the Pocono Grand Hotel. On Sunday, the route continues down the Delaware to Washington's Crossing and then returns to New York via Princeton, Staten Island, and the Ferry. The ride is hilly on Saturday and very picturesque. The cost of the hotel room is \$29.50 per person (two to a room), and must be paid to the leader at or before the August 11 club meeting. Riders will be informed of the starting point when they pay for their hotel room. The ride will be ridden as a group ride, usually in a paceline and at an "A" pace. If you want to ride faster than that, then don't come. A few "hotspot prime sprints" will be announced during the ride, and we will all regroup before continuing. Maps will be available. Ride goes rain or shine. Call Chris for further details.
- Aug. 15-16
8:00 AM
A/A+
275 mi.
- Sat. Aug. 15 LEADERLESS "A" RIDE. Meet at the Boathouse at 9 AM.
A
- Sat. Aug. 15 NEW HOPE CARTOP. Leader: Joe Furman (212-861-5067) From E. 72nd St. & Fifth Ave. We will be cycling through the farmlands of western New Jersey and along the woodlands of historic Bucks County. Stops include New Jersey's last covered bridge and a deli stop in the village of New Hope. The bicycle path between Stockton and Lambertville has been washed out, so we'll be riding a slightly different route than before. Call well in advance for transportation or route information. Rain date: Aug. 22.
8:00 AM
B/B+
40-60 mi.
- Sat. Aug. 15 THE BRONX'S HALL OF FAME, LITTLE ITALY, AND NEW YORK BOTANICAL GARDENS. Leader: John Mulcare (718-672-5272) From 59th St. & Fifth Ave., Manhattan. Bring \$2.50 for admission to the Gardens' Conservatory, and all you'll need for the goodies in Little Italy. See note at end of Rides Listings for "C Ride Recommendations and Cancellation Conditions."
11:00 AM
C
30 mi.
- Sun. Aug. 16 LEADERLESS "A" RIDE. Meet at the Boathouse at 9 AM.
A
- Sun. Aug. 16 A PARKWAY WITHOUT TRAFFIC--MAYBE. Leader: Dick Goldberg (212-874-2008) From the Boathouse. Roundabout ride to Irvington via the Bronx River Parkway. Some hills, picnic lunch somewhere. 70% chance of rain at 7 AM cancels.
9:00 AM
B/B+
50 mi.
- Sun. Aug. 16 RYE BEACH BALL IV. Leaders: Maggie Clarke (212-567-8272) & John Kalish (718-596-6336) Meet at the 200th St. Dyckman "A" train stop (Dyckman Triangle) for a sociable ride along the lower Westchester manicured lawns route via Glenville, CT to Rye Playland for a picnic lunch. Bring frisbees, etc... If there's time and interest, we will visit Glen Island. Return via North Bronx bikeway. 70% chance of rain cancels.
9:30 AM
B-
50 mi.
- Sun. Aug. 16 RIDE TO THE DEEP SOUTHWEST. Leader: Alinda Barth (718-441-5612) Meet at the Manhattan side of the Staten Island ferry to catch the 9:30 boat. Catch the ocean breezes as we pedal all the way to the deep Southwest of Staten Island to lunch in Tottenville and back up the east shore. There are a few hills at the start, but we'll wait for everyone at the top. Rain cancels.
9:15 AM
C
40 mi.
- Fri.,-Sun. SHELTER ISLAND WEEKEND. Leader: Martha Ramos (718-858-9142). Missed the July 4th weekend or enjoyed it so much you want to repeat the experience? Then join me for a non-holiday weekend on Shelter Island. The accommodations are rustic, the food is endless and delicious, and the scenery is unbeatable. Arrival on Friday evening by either bus or railroad (car, if you have the access). Rides on the North and/or South Shore on Saturday. Departure either by bike early Sunday morning (100 mi.), or remain on the island and return Sunday afternoon or evening by bus or train. Deadline for accommodations is Fri., Aug. 14. Call Martha for details.
Aug. 21-23
C to B+
- Sat. Aug. 22 BOTH BANKS OF THE HUDSON. Leaders Roberta Pollock (212-864-6182) & Bill Richards (212-675-1946) From the Boathouse. We'll go up the west bank, past Bear Mountain, through West Point and over Storm King to the Beacon-Newburgh bridge. The return will be (comparatively) flatter on the east side of the river. Bring pocket food. We will have two or three stops.
7:30 AM
A
135 mi.
- Sat. Aug. 22 RIVER VIEW PARK, WEST NEW YORK, NJ. Leader: John Mulcare (718-672-5272). Meet at the Statue, opposite the Plaza Hotel, 59th St. & Fifth Ave., at 10 AM, or at the GWB Bus Terminal, 178th St. & Ft. Washington Ave. ("A" train to 175th St.) at about 10:45 AM. See the Hudson River from both sides, ride along the Jersey River Road, ride or walk up the Palisades, and enjoy your lunch (buy or bring) in one of the nice Jersey parks overlooking the Hudson. See note at end of Rides Listings for "C Ride Recommendations and Cancellation Conditions."
10:00 AM/
10:45 AM
C, C-
32/16 mi.
- Sun. Aug. 23 IN SEARCH OF THE NUDE BEACH. Leaders Christy Guzzetta (718-596-9833) & Ione Ohman. From the Staten Island Ferry. We board the 7:30 AM ferry for an "A"-paced ride to once again go out in search of the legendary nude beach at Sandy Hook, NJ. Does it really exist or was that bouncing volleyball game I saw last year merely a figment of my imagination? As some of the roads along the way are narrow, a portion of the ride will be ridden in a single file / single paceline. This is a surprisingly pretty route and....I understand the Rockettes are playing the Chippendales for the Volleyball Championship of the World on the very day we'll be there. If you're shy, you can stay with the leader in the dress-up area. Non-beach weather cancels.
7:30 AM
A
102 mi.

- Sun. Aug. 23 **PLANTING FIELDS ARBORETUM.** Leader: Sara Flowers (212-921-4317, of.; 718-544-9168, h.) From the Statue of Civic Virtue ("E" or "F" trains to Kew Gardens/Union Turnpike). Bring a few dollars for admission to one of Long Island's most beautiful spots. Bring lunch or prepare to travel a few more miles to a deli. We will take a leisurely trip, spend a few leisurely hours in the arboretum, and return before dark. Bring a lock unless you want to be "locked" to your bike for the duration. Call for more details.
- Sun. Aug. 23 **MANHATTAN BEACH.** Leader: John Mulcare (718-672-5272) From the Grand Army Plaza at the northern end of Prospect Park in Brooklyn. We'll stop at a deli for those not carrying their lunch. Bring a towel and wear or carry your suit or trunks if you'd like a swim. See note at end of Rides Listings for "C Ride Recommendations and Cancellation Conditions."
- Sat. Aug. 29 **IN SEARCH OF THE BALD EAGLE.** Leader: Steve Baron (212-228-0555) From the Boathouse, leaving promptly at 8 AM to go somewhere new and pretty. If you know a new place, call me. If not, come along and we'll look for another bald eagle together.
- Sat. Aug. 29 **DELAWARE WATER GAP CARTOP.** Leader: Joe Furman (212-861-5067) From E. 72nd St. & Fifth Ave. I will be rediscovering this area, trying to plan a loop for a new tour. This tour should be just as beautiful as the Greenwich and New Hope tours that I have shared with the NYCC. Because most of this route is unplanned, I'd like to limit this first trip to 8 riders. If you have a craving for adventure, come join me and let's share our map reading techniques that make tours more fun to ride. Rain or 90+ heat will postpone trip until Sept. 12.
- Sat. Aug. 29 **LIBERTY STATE PARK (NJ).** Leader: John Mulcare (718-672-5272) Meet at the Coliseum (Broadway & 60th St.) at 9:30 AM or at the S.I. Ferry (\$.25) at 10:30 AM for a ride on Richmond Terrace, across the Bayonne Bridge, up Kennedy Boulevard, etc. We'll stop at a deli before proceeding to the Park for lunch. See note at end of Rides Listings for "C Ride Recommendations and Cancellation Conditions."
- Sun. Aug. 30 **STONY POINT OVERLOOK.** Leader: Carl Faller (212-567-3601, h.; 212-566-1626, of.) From the GWB (NY south side). Tour along the Hudson River through Nyack State Park with the destination being the beautiful grounds of Stony Point State Park. Cooperative riding the entire way.
- Sun. Aug. 30 **EDUCATIONAL TOUR--NASSAU STYLE.** Leader: Sara Flowers (212-921-4317, of.; 718-544-9168, h.) From the Statue of Civic Virtue ("E" or "F" train to Kew Gardens/Union Turnpike). Let's ramble from campus to campus and see what we missed or what we might do with our futures. No guarantee of more than a quick pass through the campuses (with security guards chasing?). We may visit St. Johns, Queens, Nassau Jr. College, etc. Come and be sure we visit your alma mater or your future alma mater. Call to make suggestions or for questions.
- Sun. Aug. 30 **EISENHOWER PARK.** Leader: John Mulcare (718-672-5272) Meet at 179th St. & Hillside Ave. Queens (1st stop on the "E" or "F" train) for a brisk ride to the Park. See note at end of Rides Listings for "C Ride Recommendations and Cancellation Conditions."
- Fri.-Mon. Sept. 4-7 **LABOR DAY WEEKEND IN THE FINGER LAKES.** Leaders: Stu Greenberg (212-534-2935), Mark Plaut (718-805-0253), & Spuds McKenzie, The Party Animal. This is lush and historic country--and this weekend will have an exciting plus: all of our rides will either be led, done jointly, or mapped out by our friendly biking brethren from the Finger Lakes Cycle Club. We'll be based in Ithaca at the Ramada Inn (the best restaurants and pubs are in walking distance). Three nights' accommodations (no meals), round-trip transportation, and an honorary degree from Cornell: only \$150. Such a deal! But space is limited--we must have your check before Thurs., Aug. 20, to guarantee your spot.
- Sat. Sept. 5 **THE CLOISTERS AND WAVE HILL.** Leader: John Mulcare (718-672-5272) From Statue opp. Plaza Hotel (59th St. & Fifth Ave.) at 10 AM, or 178th St. & Ft. Washington Ave. at 10:45 AM. The Cloisters has suggested admission charges (we won't stay there long, so be guided accordingly) and the admission is \$2 (\$1 for seniors) at Wave Hill. See note at end of Rides Listings for "C Ride Recommendations and Cancellation Conditions."
- Sun. Sept. 6 **ROCKAWAY BEACH.** Leader: John Mulcare (718-672-5272) From the Grand Army Plaza at the northern end of Prospect Park in Brooklyn. We'll stop at a deli off Newport Ave. at 129th St. in Rockaway before proceeding to the boardwalk starting at 126 St., but first stop at Riis Park for anyone not wearing a bathing suit. See note at end of Rides Listings for "C Ride Recommendations and Cancellation Conditions."

Note for new "C" riders: Recommendations and Cancellation Conditions. Suggestions on what to bring for a more enjoyable ride: a helmet, spare tube(s), tire irons, patch kit, pump, lock, water bottles, and any tools unique to your bike; lunch or money for it; a copy of your medical coverage ID card; maps, compass; LIRR or Metro-North bike permits, if applicable. Cancellation conditions: wet roads; rain or forecast of 20% or more chance thereof; and/or winds in excess of 10 mph. If in doubt, call the leader at least 90 minutes before the scheduled time of the ride.

Ride Previews

- Sept. 13 SHAWANGUNK VALLEY CARTOP. Leaders: Joan Mayer & Joe Vaccaro (212-691-8515).
- Sept. 20 THE COUNTRY CYCLE CLUB (WESTCHESTER) GOLDEN APPLE CENTURY. Call Stu Greenberg (212-534-2935) or Martha Ramos (718-858-9142) for information.
- Sept. 20 THE LONG ISLAND HI-POINT HUNDRED (SASE: Paumonok Bike Club, P.O. Box 7159, Hicksville, NY 11802).
- Sept. 21-25 VERMONT. Leader: Don Ketteler (212-505-2749). Rhinebeck, NY - Pittsfield, MA - Manchester Center, VT - Newfane, VT - Lenox, MA - Bulls Bridge, CT. Inns/motels; panniers/sag. Scenic stops. Call for further details.
- Sept. 27 BILL BAUMGARTEN MEMORIAL ALL-CLASS CLUB RIDE TO KINGSLAND POINT PARK.

GEORGE WASHINGTON BRIDGE UPDATE

The update is that there is no update. The last time I crossed the GWB, 99% of the pedestrians had moved to the NORTH side, since the bicycle signs made it easy to find the entrance. There was a hideous orange iron rail that purports to be Port Authority's conception of a "ramp" and represents an even more difficult means of negotiating the many stairs than does a simple portage. No one of my acquaintance has to this date ever sighted a wheelchair on the bridge. Let the Port Authority know what YOU think of their brilliant GWB arrangements - write to:

Ernesto L. Butcher
Asst. Director Tunnels, Bridges & Terminals Dept.
Port Authority of New York and New Jersey
1 World Trade Center, Suite 71W
New York, New York 10048



R A A M R E S U L T S

The NYCC awarded David Walls a lifetime membership for his achievement in officially finishing the Race Across America in 11 days, 9 hours, 41 minutes, good for 15th place. There were only 16 official finishers out of 33 starters. To finish officially, the rider must be within 48 hours of the winner, this year Michael Secrest in 9 days, 11 hours, 35 minutes. Very few competitors finish their first RAAM, and the '87 version featured 75,000 feet of climbing as compared with 50,000 in the '86 route. What's next, David?

WE ARE RE-ORDERING CLUB JERSEYS

ORDER PLACED SEPT. FOR
DELIVERY DEC. THIS YEAR.

\$37 EA. (1 YSML, 2 SML, 3 MED IN STOCK)
4 LRG 5 XLRG 6 XXLRG 7 XXXLRG

MAKE CHECKS PAYABLE TO NY CYCLE CLUB.
MAIL CHECKS + COUPON TO:

LEE GELOBTER NAME
2686 OCEAN AVE
BKLYN NY 11229 ADD.

Write your size CITY
STATE ZIP

here. Pick-up your jerseys
at club meeting.

T.N.

SPECIAL INTEREST GROUP
PROGRESSIVE "A" RIDE SERIES

CONCLUSION

by Christy Guzzetta

Our S.I.G., The Progressive "A" Ride Series has been completed. Seventeen successive rides, each one just a bit more challenging than the one before, started way back on March 7th. After several thousand miles, some very hard work, too many crashes, and alot of fun - we concluded the series with a regularly scheduled club "A" ride on June 28th.

Along the way, upwards of 74 different people came out for at least one ride. By the third ride, all the fat tires, wire baskets, and paniers were gone from the group. Yet 54 bikes still participated. At this point, we were all still eligible for the prize certificate awarded to those who completed the entire series. Then, the hills started getting steeper, the miles longer, and the pace faster. Now, the rides started taking on more of an "A" flavor.

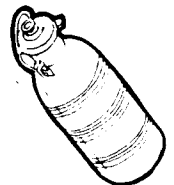
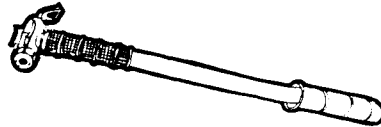
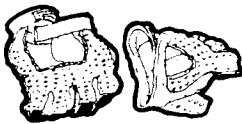
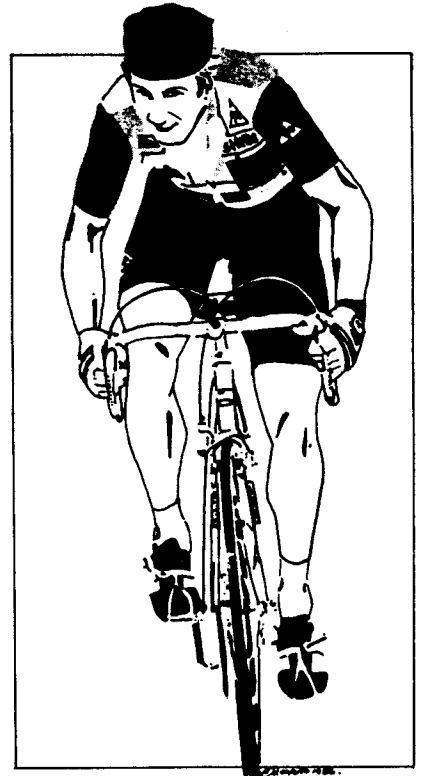
We refined our skills, got in better shape, and began to master the art of sucking wheel. Monster hills in Westchester when the thermometer approached 100 degrees. No one dropped. 120 miles to Montauk, averaging 19.9 mph over that entire distance. No one dropped. And on June 1st, 11 bikes went out in search of that elusive last mile-per-hour.

Four weeks later, on June 28th, seven people found it:

Alinda Barth, Bob Foss, Holly Gray, Barbara Levitan,
Eileen O'Neil, Larry Nelson, and Jody Sayler

They will receive their award certificates during the August club meeting.

Congratulations!



TOYS, TOYS, TOYS

by Steve Baron

Gloves: cotton fish net backs are out; lycra in bright colors is in. Descente includes some terry cloth for wiping one's brow. Fish net always stretches and the leather wrinkles around the fingers; lycra really is a better product (even if you can't have all of those little spots of suntan, Marty).

Waterbottles: last year I purchased a large bottle from Rhode Gear with a lot of velcro. The top broke off much too quickly; the bottle is awkward to handle and very slow and difficult to return to its "cage". After trying one of their computers, and spending four hours with leather handlebar wrap (only to have it slip down later) I'm starting to wonder about this company - although I hear better reports about their new computer. Cannondale has a waterbottle with a nipple that pulls out the first time you use it - I mean all the way out. We had a dozen of these on RAAM and they were only used by the crew inside the vehicles.

Helmets: the cats' whiskers is the new item by Giro. Foam only; no plastic shell, but ANSI approved. It is white, has nifty looking nylon covers in colors, and weighs next to nothing. There doesn't seem to be a way to attach a rear view mirror, however.

Innertubes: 700's and 27" are usually interchangeable; rubber stretches. However, thin tires (about 1" diameter) need appropriate tubes. This year's fad is poly-something tubes: they're clear and reported as puncture resistant. The covers for the valves are white so you can see which of your friends have been suckered: these tubes get holes like any others, are very slow to patch, hard to put in because they are stiff, thick and non-lubricated. If you've made the investment but not the installation, try talc; if you've not made the investment, wait for next year's fad.

Messenger-chic includes a Bell Stratos- the Darth Vader-looking 1-1/2 pound helmet and a disk wheel. Or at least disk-looking wheel covers. Ever wonder why all the electrical tape on so many of those bikes: is it to keep the frame clean for Saturday's CRCA race or to hide frames by Masi and Cannondale and Vitus that may have been purchased for less than retail or wholesale.

Real disk wheels, by the way, come in a range of costs, materials and weights: \$400 to \$2,000 or so, and some weigh almost as much as your favorite bike.....slow to start, but with steel weights near the outside edge, once you get going.....

barrett, you are NOT going to buy that helmet!" Dave was behind the counter as he spoke; I was standing in the middle of the store, shooting an absentminded glance or two in the full-length mirror opposite the bike display rack. "It's stupid looking!"

"Er, gee, I seem to like it", I answered in mock surprise.

"Yeah", said Gus, walking down from the service bay. "you would go for the space cowboy stuff". I was merely choosing my third-ever bicycle helmet. I chose a Bell Stratos. I had just made a fashion statement, and my immediate audience was appalled at the language I was using. "You look like you just stepped off the Death Star".

o Taking my cue, I pulled down the warm-gray face shield, turned slowly toward Dave, and in a feigned asthmatic breath replied, "You dare insult the taste of a Velo Jedi Master? Know what you can do with the Force, kid?"

"You don't want it!" he still insisted. "It's weird looking."

"So is my Moulton, and that didn't stop me either."

"That helmet's for asses!" Gus groaned. "You wanna look like an ass?"

"I feel like an ass arguing about this." I said, getting more than a bit testy by this time. I want to buy this helmet from them, and they're fighting me tooth and derailer to stop me. Pointing to my AM, I said, "It makes sense: aero bike, aero helmet..."

"Aero-head..." Dave neatly interjected.

"You're supposed to be Mr. Radical, why get conservative on me now?" I asked him, remembering some of the more avant-garde two-wheeled creations he'd strut before the gang in summers not long past. "Besides, I do sort of like the Star Fleet Command look. It sure beats looking street gonzo".

I could feel the median age of this conversation falling fast. I reached for my wallet and extracted three twenties. "Do you want my money or don't you?" I asked with what must have been a dumb smirk.

"Sure", said Dave, plucking the cash from my hand and hitting the register in one fluid move. "Just don't cry about the cracks you'll get from guys in the park, know what I mean?"

"No problem", I said, pulling the visor yet another notch down over my eyes. "They won't even know who in Hades I am".

Just then, a familiar looking fiend on a ratty Fat Chance rolls in for a blast of conditioned air. He looks at me, puzzled at first, then screams "Luke! May the Course be with you!"

And if I EVER catch George Lucas riding a bike....

LINKNOTES: Jeff Silverberg came up with a great concept for a Biathlon event; 125 miles of cycling, followed by 18 holes of golf...(a woman in the club suggested shortening the cycling leg to 50 miles, followed by a 10 hour event. I'm not telling you the event she suggested, save to say I was dying to know if she was looking for a training partner)...THE GREEN, GREEN GLASS OF HOME: After two years of decline, the amount of hazardous roadside debris, cosmic and otherwise is rising. I haven't seen so many flat-tired cyclists in some time...PREMATURE LEAK DEPT: I'm still working on my 1st annual CC RIDER awards column categories --but here's a hot tip: A hot contender for the CC Oliver North-By-Northwest award is the Port Authority of NY & NJ for installing the "orange terror" bike guide device on the northern path of the George Washington Bridge--without announcement--and having the cheek to suggest that they're doing cyclists a favor.

**THE DEFINITIVE GLOSSARY
OF ESSENTIAL BICYCLING TERMS
Part II**

By Richard Rosenthal

BOSS: Springsteen; terrific.

BOTTOM BRACKET: Cat. IV income tax.

BOXING: Christmas season employment.

BRACING ANGLE: Andy Hampsten's attempt to have Mennen sponsor his orthodonture.

BRAKE BRIDGE: A road warning sign.

BRAKE PADS: Where brakes live.

BRAZE-ON: Bold, shameless, impudent.

BREAKING AWAY: Overcoming pimples; therefore, leaving Junior Cat. for Seniors.

BREAKING THE WIND: Oh, don't make me be obvious.

BRIDGE: A kind of helmet worn for the teeth by Masters.

BURR: Going like a shot.

BUSHINGS: Supporters of the vice-president.

CADENCE: Using computer aided design to put dings in your frame; also, one-tenth of decadence.

CANTILEVER: Singing the praise of cleansers.

CARBO-LOADING: The late gangster Frankie Carbo preparing to go out.

CARCASS: The rear end of an automobile.

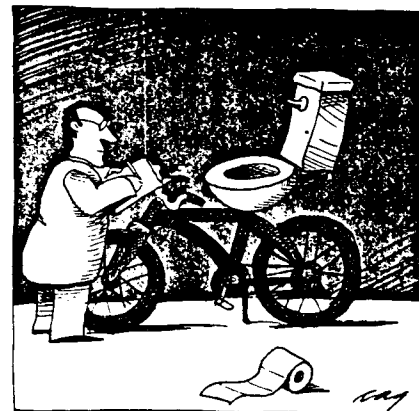
CARPENTER: An apostle for fat tubes.

CASATI: A high pitch resulting from incorrect saddle angle.

CASING: A joint; also, a cheese protein.

CATEGORIES: The three basic food groups: candy, ice cream, and soda.

CATEYE: A solar marble.



NEW YORK CYCLE CLUB Board Minutes 2 June 1987 O'Hara's (to be approved by the board)

Attending: Ramos, Holland, Bell, Levitan, Gelobter, Mulcare, Flowers, Rudetsky, Hudson, Keller, Baron. Absent: Vickers, Sayler

Martha requested that Stu Greenberg be our rep to New Jersey Transit. Motion passed including out of pocket expense budget. Intent to get passes similiar to Path or LIRR.

Ed Rudetsky requested free membership and a dinner invitation for Gonzalo Delgado, the "LIGHTNING LIFE SAVER" of Prospect Park. Passed.

Lee Gelopter moved that we kill the old letterhead and use Caryl Hudson's new version. Motion passed.

Barbara Levitan requested a phone answering for club use with club phone number at cost of \$300 deposit, \$200 installation, and \$25 monthly. Manhattan phone listing, phone to be at Hannah Holland's residence. Unanimously passed.

Minutes from May passed.

Ed suggested we fight the use of the Northwalkway at the GW Bridge.

Caryl suggested that ride listings be shorter to allow more space for other items in the bulletin.

Lee is soliciting orders for additional jerseys; an order to manufacture will be placed when enough orders are received.

Debby advised that Joe Furman will make 2 racks available for club use at a nominal fee.

Hannah advised that there are 590 members and 522 bulletins were mailed. 700 will be printed for June.

Respectfully submitted,


Stevan A. Baron, Secretary

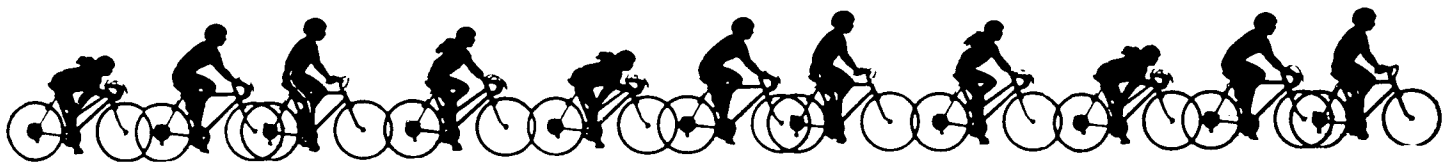
New Members

ALKON, Amy	%Olgivy&Mather, 1 E 47 St, 5 fl	N.Y.	10017	212-684-9656
ANTOIAN, Stephen	70-14 Elkot Ave	Middle Village	11379	718-651-3807
BOND, Joy	215 W. 83rd St. #7C	N.Y.	10024	
CALISE, Michele	317 East 18th St. #5E	N.Y.	10003	212-677-3765
CANABAL, Raul	3121 Middletown Rd. #2L	Bronx	10461	
CANDELA, Joe	15-33 144 St.	Queens	11357	718-746-0844
CANTOR, Joel	243 West End Ave. #508	N.Y.	10023	212-496-2156
COCHRAN, Randy	182 Granam Ave. #2	B'klyn	11206	718-486-7614
COHN, Rich	419 W. 119 St. #6E	N.Y.	10028	212-678-4589
DELGADO, Gonsalvo	250 Smith Street	B'klyn	11231	
DOELLER, Jeannette	1424 Allerton Ave.	Bronx	10469	212-515-2715
DOYLE, Virginia	13 Denmet Pl. 2d fl.	B'klyn	11231	718-596-2467
EDELSTEIN, Joyce A.				
FAIVUS, Freyda J.	460 West 24th St. #2E	N.Y.	10011	212-243-4095
GAD, Joseph	80-55 Park Lane	Kew Gardens		718-847-4092
GINNS, Helen	20 West 64th St.	N.Y.	10023	212-877-8931
GOLDSTEIN, Fran	127 W. 82nd St. #22	N.Y.	10024	212-362-0982
HIRSCHEL, Gene	9060 Palisade Ave. #1011	N. Bergen NJ	07047	201-662-9683
HOFFMAN, Margie	235 E. 10th St. #1H	N.Y.	10003	212-420-0985
JAFFE, Julie	695 Washington Street	N.Y.	10014	212-242-3293
JAFFE, Miles	695 Washington St.	N.Y.	10014	212-242-3293
KLING, John	315 W. 70th St. #1F	N.Y.	10023	
KOSS, Edmund	351 Division Ave.	Belleville NJ	07109	201-751-6297
KRAFT, Michael	433 E. 56th St. #1-F	N.Y.	10022	212-888-5041
KRAUS, David	1424 Allerton Ave.	Bronx	10469	212-515-2715
LEENER, Alan	111 Hichs St. #26B	B'klyn	11201	718-797-0972
LEVINE, Arthur	4589 Bedford Ave.	B'klyn	11235	718-648-9134
MANAK, Joseph M.	224 East 27th St. #1B	N.Y.	10016	212-481-4781
MARTIN, Andrea	265 E. 66th St. #20G	N.Y.	10021	212-744-1349
MCELROY, Mary S.	424 West End Ave. #9G	N.Y.	10024	212-787-8572
MERLOB, Marilyn	111 Hicks St. #26B	B'klyn	11201	718-797-0972
MEVIS, Alan	227 W. 11th St. #45	N.Y.	10014	212-645-3468
MORT, Paul R. III	29 West 21 Street #3	N.Y.	10010	212-645-5262
PANICO, Peter	53-16 62nd St.	Maspeth	11378	718-672-7809
PAVELLA, Michael	236 E. 78th St. #6C	N.Y.	10021	212-535-5126
PERINI, Robert Benny				
PLAUT, Mark	84-10 Main St. #453	Briarwood	11435	718-805-0253
RICH, William	101 Daniel Low Terrace #2G	Staten Island	10301	718-816-1885
RYALS, Richard	627 Summit Ave. #1C	Jersey City NJ	07306	201-653-7922
SCHALLER, Vinny	1926 E. 33 Street	B'klyn	11234	718-627-4966
SEDLIS, Gabriel	140 E. 81st Street #4B	N.Y.	10028	212-861-4581
SILIATO, Adele	260 Ft. Washington Ave. #5B	N.Y.	10032	212-781-2643
SOONG, Edmund	41-01 48 Street	Sunnyside	11104	718-651-4160
SPITZER, Neal	699 Greenwich St.	N.Y.	10014	212-989-1595
TUCKER, Jon	215 W. 101 St. #2A	N.Y.	10025	212-222-1149
UDISKY, Linda J.				
VASCHETTA, Elayne	301 W. 53rd St. #25D	N.Y.	10019	212-265-6980
VASCHETTA, William	301 West 53rd St. #25D	N.Y.	10019	212-265-6980
WAGNER, Neil	1072 Second Ave. #4R	N.Y.	10022	212-308-1589
WATKINS, Caryn				
WEISSMAN, Ken	710 West End Ave. #7E	N.Y.	10025	212-222-5524
WEISSMAN, Marilyn	710 West End Ave. #7E	N.Y.	10025	212-222-5527

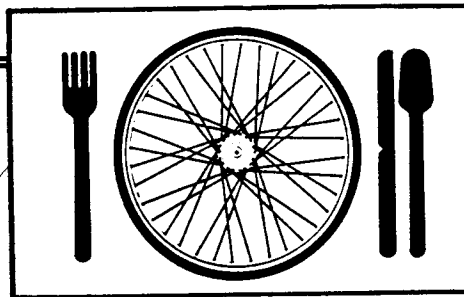
IN MEMORIAM

GERDA REINS 1932 - 1987

Gerda, a longtime member of both NYCC and AYH, died this year. Individuals wishing may make a contribution to Gerda Reins AYH Garden Fund c/o Elliot Winick Executive Director AYH Metropolitan Chapter, 75 Spring Street, N.Y., N.Y. 10012

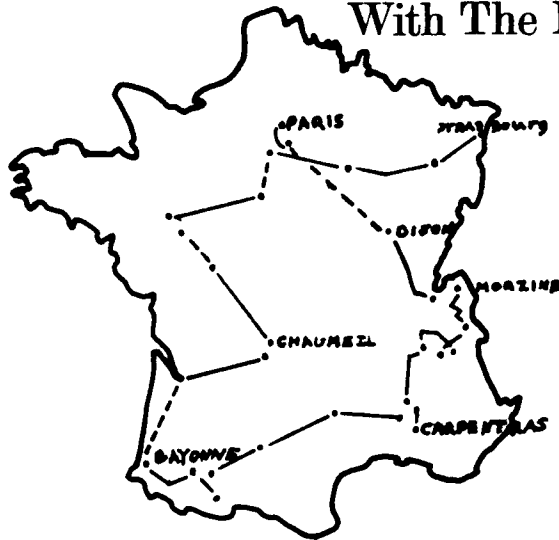


NEW YORK CYCLE CLUB
MONTHLY MEETING
Tuesday August 11



O'HARA'S
120 Cedar Street
New York, NY 10006

Come Watch The Tour De France With The New York Cycle Club



Join us at 6pm for spirits or bubbles and schmoozing
Dinner starts at 7pm

Fixed Price*

Meat, fish or poultry \$10

Vegetarian 7.50

Desserts extra

NOTE: \$2 SURCHARGE
AFTER 7 PM !!

*Must be purchased by 7pm

Diners will receive color-coded coupons

Non-diners seated separately

O'Hara's is one block south of the World Trade Center between Trinity and Greenwich Streets. Enter the restaurant on Cedar Street, go through the door on your right and go upstairs to our private room.

Bicycle parking is provided. Take the elevator to the 4th floor and leave your bike in the storage area provided. Bring a lock for security.

A R R A N G E D B Y J O D Y S A Y L E R V . P . P R O G R A M S

CLASSIFIEDS

Seeking partner(s) for NOVA SCOTIA bike ride in late August-early September. I am a B rider. Call Rosanna Liebman until August 20 -(617) 228-2935. After August 22 - (212) 431-8926.

ABSOLUTELY BRAND NEW, NEVER BUILT FRAMESETS FOR SALE

VITUS, silver, 56cm., \$440.

VITUS, pink, 56cm., \$440.

ROSSIN, blue w/ chrome
stays and lugs, 58cm. \$500.

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MEDICI 57cm

Imron matching pump, SP, Dura Ace
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Call after 5 P.M.

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7-1

HANNAH HOLLAND
211 W. 106 ST. 8C
NEW YORK, NY 10025



APPLICATION FOR MEMBERSHIP IN THE NEW YORK CYCLE CLUB

I know that bicycling is a potentially hazardous activity. I represent that my physical condition and the condition of my equipment is to the best of my knowledge adequate to allow me to participate in NYCC activities. I assume all risks associated with such activities, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my application, I for myself and anyone entitled to act on my behalf, waive and release the NYCC, its Board of Directors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in NYCC activities.

NAME _____ SIGNATURE _____

ADDRESS _____ APT _____ PHONE(H) _____

CITY _____ STATE _____ ZIP _____ PHONE(W) _____

DATE _____ AMT. OF CHECK _____ NEW _____ RENEW _____

CIRCLE IF APPLICABLE: I do not wish my (address) (phone number) listed in the roster which is published in the bulletin semi-annually.

WHERE DID YOU HEAR OF NYCC? _____

OTHER CYCLING MEMBERSHIPS (circle): AMC AYH LAW TA CRCA CCC Other: _____

1987 membership dues are \$12.00 per individual, \$15.00 per couple residing at the same address and receiving one bulletin. Mail this application, with a check made payable to the New York Cycle Club, to: NEW YORK CYCLE CLUB, P.O. Box 020877 Brooklyn, N.Y. 11202-0019

Dues are halved (\$6.00 individual/\$7.50 couples) for applications processed after Labor Day. Membership is from date of application through April of following year.

NEW PHONE NUMBER 212 - 242 - 3900